SowtheSeed
AGRICULTURAL & HORTICULTURAL SCIENCE ADVISORY TEAM

Map of Location of Vegetable Growing Regions

NORTHLAND

Kūmara
Early Potatoes
Carrots

AUCKLAND

Indoor tomatoes, capsicum, cucumber
Brassicas (year round)
Leafy greens (year round)
Lettuce (indoor and outdoor)
Asian greens (indoor and outdoor)
Onions
Potatoes
Carrots

MANAWATŪ-WANGANUI, RUAPEHU

Potatoes

Processed vegetables (peas, sweetcorn, beans, carrots)
Brassicas (broccoli, cabbages, cauliflower, brussel sprouts)
Carrots

Turnips

WAIKATO

Onions

Potatoes

Asparagus

Carrots

Broccoli

Leafy Greens, lettuce, silverbeet

GISBORNE

Leafy Greens (Indoor and Outdoor)
Sweet Corn
Squash
Broccoli and Cauliflower (winter crops)

HAWKES BAY

Squash
Field grown tomatoes - processing
Sweetcorn - fresh and processing
Peas - processing

HOROWHENUA/ WELLINGTON

Leafy greens
Brassica (broccoli, cabbages, cauliflower)
Potatoes
Asparagus

SOUTHLAND

Carrots/ parsnips
Sweds and turnips
Potatoes
Brassicas (broccoli, cabbages, cauliflower)

CANTERBURY

Potatoes - processing
Onions
Carrots
Peas - processing
Indoor crops - tomatoes, capsicums, leafy greens)

OTAGO

Brassicas (broccoli, cauliflower, brussel sprouts, sweds)
Potatoes - processing